

Eleventh Sunday after Pentecost

August 4, 2024

The First Reading

Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Psalm

Psalm 78:23-29

23 So he commanded the clouds above *
and opened the doors of heaven.

24 He rained down manna upon them to eat *
and gave them grain from heaven.

25 So mortals ate the bread of angels; *
he provided for them food enough.

26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.

27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.

28 He let it fall in the midst of their camp *
and round about their dwellings.

29 So they ate and were well filled, *
for he gave them what they craved.

The Second Reading

Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Gospel Reading

John 6:24-35

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The flowers in the Sanctuary today are given to the glory of God by Jeff & Donna Richardson in celebration of Sylvia Cox, celebrating her 86th birthday on August 8th

Announcements

Birthdays this month

1st: Jerry Ritchie
 4th: Harper Martin
 7th: Pete Litterski
 9th: Joshua Newsom
 11th: Nancy McCrary
 13th: Donna Richardson
 14th: Margie Litterski
 20th: Ella Cammack
 22nd: Connor Tucker
 22nd: Monika Henry
 23rd: Kristel Morris
 27th: Stefanie Kirschke
 29th: Paige Lindsey
 31st: Kari Dickson
 31st: Jim Watson

This Week at SMAA

Wednesday, August 7, 2024

6:00 pm Dinner & fellowship

Sunday, August 11, 2024

9:00 am Bible Study

10:00am Holy Eucharist

Blessing of the Backpacks

Sunday, August 11th, we invite all students, teachers, and educators to bring their backpacks and workbags as we ask God's blessing on the new school year ahead.

Blessing of the Animals

Join us **Sunday, October 6th** at **1:00 PM** for the Annual Blessing of the Animals. Dogs, Cats, and other pets-small and large, furry, and non-furry are all welcome. Kids are welcome to bring a stuffed animal to bless.

Please begin to bring dog food and other dog items to be donated to the local animal shelter.

Altar Flowers

If you would like to donate the flowers for the service, the Flower Dedication forms for 2024 are in the narthex.

Piney Woods September Brunch
Traditional Hymns to Contemporary Music

St. Michael's & All Angels, 909 Reel Road, Longview 75604
 Saturday, September 14 from 10:00 am to 12:30 pm

Please respond by September 3
Mail the \$10 registration fee to the church
You may mail several checks in one envelope!
See YOU then!

Roxanne Brink 480-208-2966 Susan Kuhlman 903-918-2261

Prayer Requests

Healing For:

- The Akinson & Brown Families
- Lorraine, Pete and Margie Litterski

To submit a prayer request, fill out the back of the information sheet in the pew and place it in the offering.

Or, send an email with your request to: prayer@smaalongview.org

**** Emailed prayer requests are received by all who've signed up for the SMAA prayer chain. This community of prayer is committed to holding up our needs and thanksgivings to God whenever they are shared. TO JOIN IN THIS IMPORTANT MINISTRY, JUST SEND A REQUEST TO SMAA@SMAALONGVIEW.ORG ASKING TO BE A PART OF THE PRAYER CHAIN. ****

Stewardship Update

DATE	GIVING	BUDGET	ABOVE/BELOW
07/07/24	\$3,353	\$3,302	\$51
07/14/24	\$1,266	\$3,302	-\$2,036
07/21/24	\$2,399	\$3,302	-\$903
07/28/24	\$2,528	\$3,302	-\$774
YTD TOTALS	\$108,145	\$99,066	\$9,080

Next Sunday's Servers (08/11)

Acolytes: Amy Brown
Cameras & Streaming: Robert Brown
Danny's Team: Melinda Smith
Eucharistic Ministers: Wayne Workman
Greeter: Catherine White
Lector: Harrison Brown
Nursery Helper: Mary Lynn Dawes
Ushers: Donna Richardson
Vestry People: Roxanne Brink, Tommy Smith
Worship Tech: Tommy Smith

This Sunday's Servers

Acolytes: Need a person
Cameras & Streaming: Robert Brown
Danny's Team: Bryan White
Eucharistic Ministers: Diane Buffington
Greeter: Joe Frank Brown
Lector: Harrison Brown
Nursery Helper: Marie Tucker
Ushers: Stan Williams
Vestry People: Bryan White, Stan Williams
Worship Tech: Amy Brown

St. Michael & All Angels' Episcopal Church
 The Rev. Tracey F. Carroll
 Email: mothertracey@smaalongview.org
 Church Website: smaalongview.org
 Phone: (903) 759-2051